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Coaching Association of Canada
Association canadienne des entraîneurs

Sport Integrity and Safe Sport in Canada

ASPC FORUM

DECEMBER 5TH, 2024

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Items for Discussion

1. Sport Integrity in Canada
2. Safe Sport
 - a. Canadian Sport Landscape
 - b. COPSIN – Canadian Olympic and Paralympic Sport Institute Network
3. Gender-based Violence



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Sport Integrity

- November 14th, 2024 – Government of Canada launched Sport Integrity Framework -
- Consolidates all sport integrity policy and is easily accessible by athletes, coaches, officials, administrators and coaches
- Purpose of the Framework is to:
 - be a hub of information for sport participants in Canada to learn about sport integrity
 - enable the Government of Canada to take a more consistent, human rights-based approach to sport integrity
 - identify gaps in policy and programming related to sport integrity
 - guide efforts to address new and emerging sport integrity issues



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Threats to Integrity

- The integrity of the **PERSON** is threatened when human rights are not respected; when individuals are not included and made to feel unwelcome; and when individuals are not safe.
- The integrity of the **GAME** is threatened when the rules in and around the field of play are not fair or followed; and when the field of play itself is unsafe.
- The integrity of the **SYSTEM** is threatened when organizations are not properly governed and held accountable; when individual behaviour that threatens to undermine the entire system is not identified or addressed; and when system-wide policies and procedures promoting inclusion, fairness, and access are lacking.



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Sport Integrity Issues

- **Doping** is a serious threat to the integrity of clean and fair sport worldwide
 - Canadian Anti-Doping Program.
- **Maltreatment** is unacceptable and incompatible with the core values of sport.
 - UCCMS, Red Deer Declaration, Abuse Free Sport
- **Competition manipulation** contributes to unsafe sport environments at all levels.
- **Fair Play** - cheating undermines and threatens the integrity of sport.



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Sport Integrity Issues

- **Discrimination** - the presence of discrimination in sport undermines human rights and the integrity of sport.
- **Concussions** in sport are a serious threat to the health and safety of participants.
- **Good governance** practices are necessary for healthy, safe, and inclusive sport environments.
- **Corruption** in any form constitutes a serious threat to the integrity of sport.
- **Sports betting** and related illegal activities pose a real risk to Canadians, including athletes, and can erode public confidence in the integrity of sport.



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Safe Sport

In Canada

- The *Universal Code of Conduct to Prevent and Address Maltreatment in Sport (UCCMS)* commits the Canadian sport sector to advancing a respectful sport culture that delivers quality, inclusive, accessible, welcoming and safe sport experiences.
- The Canadian Safe Sport Program (CSSP) is managed by the Canadian Centre for Ethics in Sport (CCES). The same organization that oversees the Canadian Anti-Doping Program.
- All national sport organizations funded by Sport Canada are required to sign the Safe Sport Pledge.



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Safe Sport

Abuse-Free Sport is Canada's independent system for preventing and addressing maltreatment in sport. Our ultimate goal is to work with others throughout the Canadian sport system to ensure that every participant – **no matter the sport, the level, or the role** – has a safe, positive and enriching experience. Changing the culture of sport in Canada is everyone's responsibility.



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Safe Sport Journey 2015 - ∞



Pre-2015

1000+ Sport Organizations have taken the RCM pledge



NSO Summit
Responsible Coaching
60 Sport Orgs
+ Government

Minister of Sport mandates:

- Federally funded orgs must disclose Harassment Abuse and Discrimination
- Independent 3rd party investigations and Safe Sport Officers
- Mandated Safe sport training

SAFE SPORT TRAINING
45,000+

Safe Sport Agency - OSIC

Integrated Wellness Plan;
Culture Assessment and Audit Tool

- Red Deer Declaration (FPT)
- AthletesCan Maltreatment Report
- CAC held 13 P/T Safe Sport Summits and 1 National
- UCCMS Launched



The Coach Perspective:
Summits & Data Collection

Safe Sport

COPSIN – Canadian Olympic and Paralympic Sport Institute Network

- There are 7 COPSIN locations across Canada
- COPSIN facilities are legacies from Games located within buildings operated by private corporations/municipalities/universities
- As tenants, we are subject to the Safe Sport policies of the building plus Sport Canada requirements.



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Safe Sport

- The Canadian Sport Institute Ontario is located within the Toronto Pan Am Sports Centre (TPASC) which is owned by the City of Toronto and the University of Toronto.
- TPASC has established a Safe Sport Commitment.
- CSIO aims to provide a safe and welcoming sport environment for all.
- Addressing the causes and consequences of Maltreatment is a collective responsibility and requires the deliberate efforts of all organizational participants, sport stakeholders, sport club administrators and organization leaders
- CSIO has adopted a *Code of Conduct and Ethics* that describes standards of conduct and behaviours for all organizational participants (staff, board, athletes, coaches, volunteers, etc)
- CSIO has established the following policies to address safe sport: i. *Discipline and Complaints Policy*; ii. *Appeal Policy*; iii. *Dispute Resolution Policy*.



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Gender-Based Violence/Teen Dating Violence in Sport

The integral role of the coach in role modelling and developing healthy relationships in and through sport

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What does GBV look like?

Physical

- pinching
- hitting
- kicking
- choking

Sexual

- forcing sex without consent
- sexual comments & jokes

Emotional

- threatening
- shaming
- isolating
- manipulating

Stalking

- receiving unwanted letters, phone calls, emails, text messages
- being followed/ watched
- being physically approached unwantedly

Financial

- taking / hiding money
- preventing a partner from earning money
- underpaying women

How Common is **Teen** Dating Violence?

Physical TDV Rates

Examples include:

- Slapping
- Hitting
- Choking

Ranges between 1% to 61%

Sexual TDV Rates

Examples include:

- Sexual comments
- Sexual harassment
- Sexual assault

Ranges between <1% to 54%

Psychological TDV Rates

Examples include:

- Humiliation
- Degradation
- Manipulation

Ranges between 4% to 94*

Athletes say coaches can play a supporting role in preventing TDV.

Coaches play a listening role

- 43.5% Agree
- 21% Strongly Agree

Coaches play an educational role

- 40.3% Agree
- 19.4% Strongly Agree

Coaches play a supportive role

- 53.2% Agree
- 21% Strongly Agree

Some coaches are concerned about dating conflicts.

Concerns about verbal conflicts

- Not at all: 36.3%
- Very concerned: 13.7%

Concerns about psychological violence

- Not at all: 31.4%
- Very concerned: 17.6%

Concerns about sexual exploitation

- Not at all: 42.2%
- Very concerned: 11.8%

Concerns about physical conflict

- Not at all: 58.8%
- Very concerned: 11.8%



NCCP Outcomes and Criteria	Training Module
NCCP Outcome: Make Ethical Decisions	
Apply a 6-step ethical decision-making process	Pre-requisite
Develop and communicate a coaching philosophy that adheres to the NCCP Code of Ethics	<ul style="list-style-type: none"> • Building a Culture of Excellence • Living Sport Integrity • Athlete and Coach Well-being
NCCP Outcome: Lead High-Performance Program	
Identify personal coaching philosophy that influences HP Program	<ul style="list-style-type: none"> • Building a Culture of Excellence • Living Sport Integrity • Athlete and Coach Well-being
Interact with others to facilitate common HP vision and mission	<ul style="list-style-type: none"> • Building a Culture of Excellence • Living Sport Integrity • Athlete and Coach Well-being
Make values-based decisions that impact program	<ul style="list-style-type: none"> • Building a Culture of Excellence • Living Sport Integrity • Athlete and Coach Well-being
Enable HP culture that promotes excellence	<ul style="list-style-type: none"> • Building a Culture of Excellence • Living Sport Integrity • Athlete and Coach Well-being



ICCE

*International Council for
Coaching Excellence*

Ethical Landscape in Coaching

This survey is a joint collaboration between ICCE Research Committee and ICCE Ethics Committee to investigate the current ethical landscape within coaching

<https://app.onlinesurveys.jisc.ac.uk/s/edinburgh/ethics>



**15th ICCE Global Coach Conference to
take place in Athens, November 2025**



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Thank you!